



Personal and Contact Information

First Name: Afsaneh

Last Name: Beiranvand

Gender : Female

Nationality: Iranian

City: Khorramabad

Country: Iran

E-mail

a_beiranvand2006@yahoo.com

Telephone: 986633120140

Link: http://isid.research.ac.ir/Afsaneh_Beiranvand

Last Update:

۲۰۲۲

Education

Specialty/PhD(Field of Study, Name of University, Year Graduated) Ph.D in cognitive neurosciences, Institute for Cognitive Science Studies , 2016

Thesis (Topic, Supervisor, Advisor) Involvement of medial prefrontal cortex alpha-2 adrenoceptors on memory acquisition deficit induced by arachidonylcyclopropylamide, a cannabinoid CB1 receptor agonist, in rats, Dr mohammadreza zarrindast, Dr mohammad nasehi

- ❖ **Master of Science (Field of Study, Name of University, Year Graduated)** mental health nursing. University of social welfare and rehabilitation sciences.

Thesis (Topic, Supervisor, Advisor) The effect of Music on post operative hip fracture delirium in older women .Dr masoud fallahi ,Dr Hasan ashayeri. 2007

- ❖ **Bachelor of science (Field of Study, Name of University, Year Graduated)** B.Sc in Nursing, Lorestan University of Medical Sciences, 2001
- ❖ **Related degree (Field of Study, Name of University, Year Graduated)**





Honors, Awards, and Scholarships (if available)

- Top student of B.Sc degree in nursing in Lorestan University of Medical Sciences in 1998
- Nominated lecturer of nursing and midwifery faculty in Lorestan University of Medical Sciences, Khorramabad, IRAN, 2017

Experiences

1. Scientific position

Assistant professor of cognitive neurosciences, Department of Nursing, Lorestan University of Medical Sciences, Khorramabad, IRAN

2. Clinical Experiences

The clinical nurse of Shohada Hospital in Khorramabad from 2001 to 2006

3. Teaching Experiences

B.Sc

Psychiatric disorders
Neurological disorders
Psychology and Mental Health
General Psychology
Fundamentals of Psychology
Psychology of Human Relations
Life Skills
Psychiatric Emergencies
Psychiatry in midwifery
Mental Health Nursing 1
Psychiatric disorders Nursing
Behavioral Emergencies

MSc

psychiatric Emergencies.
Nervous system diseases.
Functional physical diseases of the elderly.
Geriatric nursing (2).
Sociology and Psychology of Disasters and Crisis.
Education for the individual, family and society.
Health care planning.
Nursing culture
Advanced research method





Grants

- Comparison of tympanic temperature in depressed, manic, schizophrenic patients and healthy individuals.
- Comparative study of memory scores in subjects with temporal and non temporal lobe epilepsy.
- Comparison of Axillary and Tympanic temperature and its relation with GCS in comatous patients with head injury(co-worker).
- The effect of evening primrose oil in the treatment of depression(co-worker)
- The effect of an educational method (case report)on creating critical thinking in nursing students(supervisor)
- Depression in elderly with cardiovascular disorders(Presenter)
- The relationship between emotional intelligence and tendency to addiction in students of Lorestan University of Medical Sciences.
- The relationship between job satisfaction and burnout with emotional intelligence among nurses of educational hospitals of Khorramabad.
- Effect of basilicum hydroalcoholic extract on cognitive function and sleep quality in patients with COPD.

Nction

Supervisor

- 1-Effect of EFT on sleep quality and mental health of geriatrics
- 2-Effect of rosemary ointment on pain and physical function in geriatrics with osteoarthritis
- 3- Investigating the relationship between cognitive function and lifestyle in the elderly





Advisor

- 1-Effects of geranium aroma on anxiety among patients with acute myocardial infarction: A triple-blind randomized clinical trial
- 2-The effect of aromatherapy with geranium essential oil on fatigue and sleep quality of nurses working in the intensive care unit
- 3- The effect of storytelling on the development and social adaptation of children with chronic disease at the age of 4-10 years
- 4- The relationship between mindfulness with resilience and clinical self-efficacy rate among the nurses of educational medical centers of Lorestan University of Medical Sciences 1401
- 5- Comparison of virtual and in person training on the burden of care and coping strategies of Caregivers of elderly cancer patients
- 6- Investigating the relationship between nurses' personality traits and attitudes towards elderly patients with clinical decision-making by nurses working in educational hospitals in Khorram Abad city.

Publication

Book

- 1-Self-care in patients with cardiovascular diseases. Salemi publication. 2017
- 2- Neuropsychological assessment in cognitive impairments. publication of culture and psychology development.2019

Articles

1. 1.Articles (In English)
 - 1- Beiranvand A , Nasehi M, Zarrindast MR ,Moghaddasi M. Involvement of medial prefrontal cortex alpha-2 adrenoceptors on memory acquisition deficit induced by arachidonylcyclopropylamide ,a cannabinoid CB1 receptor agonist, in rats; possible involvement of Ca²⁺ channels. Journal of Psychopharmacology.2016 ; 30: 945–954
 - 2- Shirzadegan R, Gholami M, Hasanvand S, Birjandi M, Beiranvand A. Effects of geranium aroma on anxiety among patients with acute myocardial infarction: A triple-blind randomized clinical trial. Complement Ther Clin Pract. 2017;29:201-206
 - 3- Shirzadegan R, Zarea K, Nourolahi H, Saberipour B , Mahmoodi N , Beiranvand A * , Al Khamis A , Hemmatipour A.Early Anticipation of Dementia; A Step Towards Promoting Community Health: Review of Current Evidence. Jundishapur Journal of Chronic Disease Care: July 2018, 7 (3)
 - 4- MohsenSepahvand,MohammadGholami*,RezaHosseinabadi,AfsanehBeiranvand The Use of a Nurse-Initiated Pain Protocol in the Emergency Department for Patients with Musculoskeletal Injury: A Pre-Post Intervention Study . Pain Manag Nurs. 2019 2(18).





- 5- Shirzadegan R, Gholami M, Hasanvand S, Birjandi M, Beiranvand A. The effects of Citrus aurantium aroma on anxiety and fatigue in patients with Acute Myocardial Infarction: A Two-center, randomized, controlled trial. *Journal of Herbal Medicine* . Available online 23 December 2019.

2. Articles (In Persian)

1- Comparative study on delirium in elderly patients admitted in orthopedics and general surgery . Afsaneh Beiranvand, Masoud Falahi, Hasan Ashayeri, and Mehdi Rahgozar .*Journal of geriatric Nursing* 2014,1(1).

2- The Effect of Music on Delirium After Hip surgery in Elder women, Afsaneh Beiranvand, Masoud Falahi, Hasan Ashayeri, and Mehdi Rahgozar. *Yafteh Journal* .2007;9(2).

3- The Relationship between Emotional Intelligence and Addiction tendency in Students of Lorestan University of Medical Sciences. Atefe Bahrami, Afsane Beiranvand *, Sudabeh Zare, Masoumeh Arnavaz. *Yafteh Journal*.2018 ;19(4) .

4- Investigating the relationship between smartphone addiction and mental health. *Principles of Mental Health*. ().1397.

5- Investigating the relationship between emotional intelligence and job satisfaction and burnout in nurses. Pooya Seyedi Chegini ,Afsaneh Biranvandm Hamidreza Feridouni, Mohammad Gholami. *Journal of Mental Health Principles*.1400;23(2)

Abstract

1.International:

2.National

-The role of the power gradient in reducing medical errors. Congress of Medical Errors. Khorramabad .2016

-- The role of chamomile in reducing the symptoms of withdrawal syndrome. Medicinal plants Conference .Khorramabad 2010.

- Seizure Alert System in Children. Children's Neurology congress. Mashhad. 2008.

- The role of omega-3 in improving children with ADHD Children's Neurology congress. Mashhad. 2008.

Treatment of resistant depression through deep brain stimulation in the subcallosal singulate gyrus area. Elderly and geriatric medicine meeting. Isfahan, 2008.

- Memory impairment in Temporal Lobe Epilepsy. Epilepsy Congress, Shahid Beheshti University of Medical Sciences, Tehran. 2007.

- The Effect of music on Delirium after Hip surgery in the Elderly .Geriatric congress. Kashan 2008

-Medicinal herbs effective in improving cancer. National Student Congress on Traditional Medicine and Cancer. Khorramabad, 2017





-The Relationship between Mental Health and Marital Satisfaction of Married Women. National Congress of community empowerment in the field of counseling, family and Islamic education .2017

- The Relationship between Self-esteem and Depression in Female Students. National Congress on Community Empowerment in the domain of Counseling, Family, and Islamic Education.2017

- The role of Pilates exercises in the improvement and control of psychiatric disorders. Pilates national meeting. Khorramabad .2018

- Early anticipation of dementia. Non-active defense meeting . Khorramabad .2018.

- The effect of aromaterapy on depression of hemodialysis patients. Conference on Health Promotion Strategies and Challenges Focusing on Depression.Mazandaran2018

- An overview of the effects of mistletoe herb on depression, survival and quality of life of cancer patients: A systematic review. conference on health promotion strategies and challenges focusing on depression. Mazandaran .2017.

- Vascular Depression and Its Effective Factors in the Elderly. News of Health Sciences at Shahid Beheshti University. Tehran .2017.

Reviewer of national and international scientific journal

1. Co-operation in review of the articles of the yafte journal at Lorestan University of Medical Sciences.
2. Co-operation in review of the articles of Aflak Journal of Khorramabad Nursing and Midwifery Faculty
3. Co-operation in review of the articles of Nursing Research in Rehabilitation Journal
- 4- Co-operation in review of the articles of hayat journal

Editorial Board of Medical Journals

Workshop

Date	Place	Workshops
December 2005	Khorramabad	Nursing report
December 2005	"	SPSS
December 2005	"	Use computers and manage files
October 2006	"	Word processors
July 2008	"	Power point





May 2005	"	Research method
October 2005	"	Statistics and SPSS
February 2007	"	Writing proposal
2007	Tehran	Writing article
June 2008	"	Curriculum design
February 2007	Khorramabad	Life Skills
February 2008	"	Addiction abstinence
February 2008	"	Traditional Medicine
March 2008	"	Introduction to the End Note software
March 2008	"	Educational planning and planning lesson plans
March 2008	"	Statistics and SPSS
May 2009	"	Communication and consulting skills
July 2009	"	SPSS
July 2009	"	Ziafat Andisheh Asatid
November 2009	"	Non-operational defense
December 1388	"	Workshop on patient communication
2015	"	Stress management Workshop
May 2018	"	Introduction to Navid System (Specialized Learning Software)
March 2019	"	The faculty promotion process

Interest

- Management of pain in elders
- Dementia
- Neurobiology of addiction
- ageing
- Neurobiology of psychiatric disorders





-Complementary Medicine in Psychiatry

Language Proficiency

Speaking

Reading Writing

Listening

Language

Degree of Proficiency

